

RESTLESS LEGS

Presentation by: Jeffrey Gould, MD

Creepy-crawly sensations, heebie-jeebies, shooting sensations, burning pain in the legs....If any of these symptoms describe the way you feel, you may have Restless Leg Syndrome. If you have RLS you may experience these and other symptoms which make it difficult to fall asleep or sit for long periods of time. Moving your legs makes the feeling go away for a few minutes but it comes back after you sit or lie still again. RLS is a condition that affects millions of Americans.

This presentation will review the symptoms of RLS, how it is diagnosed and what treatments are available.

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Priscilla Payne Hurd Education Center
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